



**After School
Enrichment**

Registration begins on 9/16- 9/30/19

Registration Links included with each class description below!



George Mason Elementary

Tuesdays

<p>Fitness Club with Mr. K (Grades 1-2)</p> <p>https://gmfitness1_2.eventbrite.com</p>	<p>Come enjoy an hour of exercise with Mr.K in his after school fitness club! Class will begin with a fun warm up to get the blood flowing and focus on safe movement mechanics. Once we are ready to go, kids will complete an organized body weight based workout lead by Mr.K. We will stretch and cool down after and then finish with a fun, fitness based game. Kids should wear athletic clothes and sneakers and bring a water bottle.</p>	<p>Price: \$144.25</p>
<p>Kids on the Run (Grades 1-5)</p> <p>https://lskidsrungm.eventbrite.com</p>	<p>Run, run, run as fast as you can for a class full of fitness and fun! Don't let the name fool you, we will not just be running; we will play games, have team competitions and a whirlwind of fun! All while learning the benefits of fitness and healthy living.</p>	<p>Price:\$151.75</p>
<p>Tennis with Advantage Tennis (Grades 4-5)</p> <p>https://tennis4_5gm.eventbrite.com</p>	<p>For players 8 or 9 to 11 years of age tennis development needs to focus on 'think, move and hit'. Age appropriate problem solving is integrated into all our instructional programs. Players in this age group will work toward a consistent base of tennis-specific footwork and movement skills. They'll have fun seeing their skills grow through the activities and games. The properly scaled tennis balls, racquets, courts and activities will be employed in these success-oriented lessons. A focus on positive character traits will be reinforced. No previous experience or equipment necessary. Have your player come in athletic wear, with a bottle of water, a fun attitude, and a racquet if she or he has one.</p>	<p>Price: \$213.50</p>
<p>Art History Meets Pottery (Grades 1-5)</p> <p>https://potterygm.eventbrite.com</p>	<p>In this Fall session, students will gain new techniques and create new projects such as Japanese tea pots, creating Monet's garden in clay, birds from around the world in a bird bath, as well as a Cherry blossom inspired painting on a ceramic plate to welcome the Fall season! Students will create four clay masterpieces and take home a mixed media projects on the last class. No prior ceramics or clay experience is required.</p>	<p>Price: \$213.50</p>
<p>Comic Book Illustration (Grades 1-5)</p> <p>https://comicgm.eventbrite.com</p>	<p>Let students explore the incredible world of Comic Book Illustration! Students will learn about character development, storyboarding, panelling, story design, color theory and how to hone their art style. Students will create comics using traditional art along with digital software, so they may work comfortably in whichever medium they prefer. Each student will finish with their very own comic book with a strong introduction to digital art processes</p>	<p>Price: \$161.50</p>
<p>Gyil (West African Xylophone Ensemble) (Grades 4-5)</p> <p>https://xylophonegm.eventbrite.com</p>	<p>Students will learn how to play the Gyil, a traditional xylophone instrument of the Dagara People from Ghana, West Africa. Students will also gain insight into Ghanaian Culture through group discussions. There will be 4 additional after school rehearsals, December 17, January -- 21, 28, & February 4th. We will have a concert on Wednesday, February 5th @ 1:30 & 6:30pm.</p>	<p>Price: \$176.25</p>
<p>SCRATCH Coding (Grades 1-2)</p> <p>https://scratchgm.eventbrite.com</p>	<p>Our customized curriculum expands on the Scratch platform to engage Coder Kids in coding activities that reflect their unique interests. Coder Kids learn foundational programming concepts including variables, conditionals, control statements and events through the completion of their individual projects. These include creating a dance party, writing a story, creating user quizzes and making their own video games.</p>	<p>Price: \$186</p>

Wednesdays

<p>Fitness Club with Mr. K (Grades 3-5)</p> <p>https://fitnessclub3_5gm.eventbrite.com</p>	<p>Come enjoy an hour of exercise with Mr.K in his after school fitness club! Class will begin with a fun warm up to get the blood flowing and focus on safe movement mechanics. Once we are ready to go, kids will complete an organized body weight based workout lead by Mr.K. We will stretch and cool down after and then finish with a fun, fitness based game. Kids should wear athletic clothes and sneakers and bring a water bottle.</p>	<p>Price: \$144.25</p>
<p>Youth Flag Football (Grades 3-5)</p> <p>https://flagfootballgm.eventbrite.com</p>	<p>Flag Football for students in grades 3-5 is designed to be a structured sport for girls and boys to enjoy as a group. Coaches focus on holding a fun, active class while teaching sportsmanship, respect, character, and team work. In class athletes learn to pass, catch, and run routes through drills and games, and then move on to scrimmaging. The goal is to have fun while being physically active. Please have your child dress in clothes and shoes they feel comfortable running in.</p>	<p>Price: \$124.25</p>
<p>Fencing for Young Jedi (Grades 1-5)</p> <p>https://fencingforjedigm.eventbrite.com</p>	<p>We use standard fencing gear currently approved by and meeting all safety requirements of US Fencing Organization. Foils used are lighter, more flexible, and are easier for younger kids to handle - we teach the foundational skills in epee. We introduce the fundamentals of fencing including footwork, handwork, strategy and rules. Students will learn various fencing movements and actions. Classes include group exercises and drills in pairs. Age-appropriate activities that build conditioning, speed and endurance while emphasizing critical thinking and quick decision-making. End of the session a tournament held at Nova Fencing Club using electric fencing equipment, followed by Glow-in-the-Dark fencing. Class appropriate for both beginning and continuing fencers.</p>	<p>Price: \$165.75</p>
<p>Art Factory (Grades 1-3)</p> <p>https://lsartfactorygm.eventbrite.com</p>	<p>Our D-I-Y class is for all you artsy-craftsy kids who love to express yourselves with one-of-a-kind masterpieces like canvas art, bead making, and watercolors. Find your inner artist and keep your creativity sharp this school year as we design many mementos to be treasured.</p>	<p>Price: \$173</p>
<p>Newspaper (Grades 4-5)</p> <p>https://lsnewspapergm.eventbrite.com</p>	<p>Ladies and Gentlemen! Get it hot off the press! The first edition of the school newspaper needs your help. Students will enjoy this exciting class as they create authentic newspaper stories. As they are transformed into reporters and editors, the students will publish their own school newspaper.</p>	<p>Price: \$151.75</p>
<p>Chorus (Grades 4-5) YEAR LONG CLUB with concert!</p> <p>https://chorusgm.eventbrite.com</p>	<p>This is a FULL YEAR course. Come learn the fundamentals of vocal technique and choral singing with Ms. Carrick! We will perform a range of repertoire over two concerts: one in the winter and one in the spring. Concert attendance is mandatory. Get ready to sing your heart out!</p> <p>Classes take place on Wednesday afternoons, beginning on October 16 and ending on May 6.</p> <p>Winter Concert Cycle Dates: October 16-January 29 (no rehearsal 11/13, 11/27, 12/25, 1/1); Winter Concert: 2/5 (no rehearsal because of evening concert); Spring Concert Cycle Dates: February 12-May 6 (no rehearsal 4/8); Spring Concert: 5/13 (no rehearsal because of evening concert); CHORUS CONCLUDES AFTER SPRING CONCERT.</p> <p>NO CLASS November 13 or 27, December 25, Jan. 1, Feb. 5 (concert that evening), April 8, or May 13 (concert that evening).</p>	<p>Price \$100</p>
<p>Beginner Chess</p> <p>https://beginnerchessgm.eventbrite.com</p>	<p>Come learn the game of kings and queens at the GME Chess club. Instructors use stories, puzzles, and play to teach first time and beginner players to feel comfortable enjoying a game of chess. Classes cover all rules of play, an introduction to strategy, and many games and activities to keep students' minds and fingers moving.</p>	<p>Price: \$146.50</p>
<p>The Puzzlers</p> <p>https://puzzlersgm.eventbrite.com</p>	<p>If you like solving puzzles, riddles and playing games then The Puzzlers is a great choice for you! We solve puzzles with pentominoes, cuisenaire rods, tangrams, rubiks cubes and many more. We play Mancala, logic games and 24. We solve riddles and contribute to the GM Riddle of the Day.</p>	<p>Price: \$128.50</p>

Thursdays

Yoga and Mindfulness with Mr. K (Grades 1-5) https://yogagm.eventbrite.com	This club will focus on basic yoga movements, stretching, and mindfulness exercises that help with focus, anxiety, and helping to improve attention span. Kids can expect to spend time stretching, practicing mindful breathing as well as basic meditation strategies aimed at teaching kids techniques for relaxing and growing their ability to focus. We will spend time talking about healthy food choices and alternative leisure activities to technology as well. Kids should wear loose fitting comfortable clothing.	Price: \$144.25
Karate (Grades 1-5) https://karategm.eventbrite.com	This class is designed for all belt levels in grades 1-5. Students learn the basic levels of martial arts while participating in a fun, exciting atmosphere. Class is tailored to student's individual needs and helps them grow to their fullest potential possible. Karate classes not only focus on instruction, but also learning valuable lessons related to discipline, motivation, self-control, and continual improvement. Instruction provided by Kaizen Karate.	Price: \$154
Tennis (Grades 1-3) https://tennis1_3gm.eventbrite.com	For players 8 years and younger tennis development generally needs to focus on 'think, move and track'. Age appropriate problem solving is integrated into all our instructional programs. Players in these years also need to develop their agility, dynamic balance, coordination and quickness (ABCs) toward a consistent base of movement skills. The properly scaled tennis environment, including balls, racquets, courts and activities, will be employed in these success-oriented lessons. A focus on positive character traits will be reinforced in each lesson. Let your child play tennis with friends in a safe and healthy environment with no previous experience or necessary equipment. Have your player come in athletic wear, with a bottle of water, a fun attitude, and a racquet if she or he has one. Instruction provided by Advantage Tennis.	Price: \$213.50
Broadway Kids with Encore Stage and Studio (Grades 1-2) https://broadwaykidsgm.eventbrite.com	Learning Objectives: Demonstrate rhythm, choreography, and storytelling. Explore the magic of movement for musicals in this fun and interactive dance class! Students will enjoy discovering new songs, rhythms, and steps as they learn creative choreography.	Price: \$176.25
Community & Leadership Workshop (Grades 3-5) https://communityleadershipgm.eventbrite.com	Community and Leadership Workshop is a unique opportunity for students to learn how to develop their business skills while impacting the world around them. Our future leaders will learn about entrepreneurship, public speaking, civic involvement and community outreach opportunities with an engaging curriculum to channel their desire to have a positive impact on the world around them. Taught by Little Scholars.	Price: \$151.75
Intermediate/Advanced Chess (Grades 1-5) https://intadvchessgm.eventbrite.com	Come battle over the chess board with the best players at GME. Intermediate/Advanced chess is where kids who have already mastered the basics go to hone their skills by discussing advanced strategies, tactics, and developing board vision. Students will enjoy advanced lessons, unique classroom games, and the popular class tournament to keep their already eager minds engaged in this mentally stimulating activity. Instruction provided by Kids Need Chess.	Price: \$146.50
ROBLOX Coding (Grades 3-5) https://robloxcodegm.eventbrite.com	Roblox provides a great way for Coder Kids to learn about video game creation, including creating their own characters and items, adding scripting logic to their games, and making their games interactive. Coder Kids who complete this course will be able to use Roblox and the Lua scripting languages to create their very own game worlds. They will use conditionals, loops, if-statements, and other program logic to control how the player interacts with the world, and provide an exciting game experience. Instruction provided by Coder Kids.	Price: \$186.00